

Souderton Harleysville



Youth Basketball Association

## **Health and Safety Plan**

In accordance with guidelines set by the Commonwealth of Pennsylvania and Centers for Disease Control, Souderton Harleysville Youth Basketball Association (SHYBA) will return to play with the following safety and action plan. The policy will be updated and/or amended as required in order to comply with the State and local guidelines.

Compliance with the SHYBA Healthy and Safety Plan will be mandatory for all participants, coaches, referees, spectators, and volunteers. Any non-compliance with these guidelines will result in suspension or ejection from SHYBA.

### **Communication:**

- All families will receive communication of our Health and Safety Plan before our season begins.
- All families will be asked to sign a COVID Waiver before the start of our season. A copy of the waiver is attached to this Policy.
- A copy of this Policy will be emailed to all league participants and posted on the SHYBA Website.
- It is mandatory that coaches, referees, players and parents following the guidelines listed below to reduce the spread of COVID-19:
  - Hand Hygiene (Frequent hand washing or use of hand sanitizer). Sanitizer will be provided by SHYBA.
  - Masks must be worn by coaches, players and volunteers the entire rental period.
  - Taking temperatures before entering the gymnasium. Coaches will be responsible for taking the temperatures of their players before entering the gym. Thermometers will be provided by SHYBA.
  - At least six feet social distancing when possible. When not actively participating in the practice or game, players must remain six feet apart.
  - Equipment must be sanitized frequently.
  - Properly covering your face when coughing or sneezing
  - Staying home when not feeling well or exhibiting signs of COVID-19

- Signs detailing COVID symptoms, details on social distancing and wearing face masks are attached to this Health and Safety Plan and will be posted to the SHYBA Website.

### **Coach, Player, Referee, and Volunteer Mandatory Requirements:**

- Each coach, participant, referee and any other volunteer entering any of our facilities will be required to perform the following actions prior to the start of every practice or game:
  - Complete COVID-19 pre-screen questionnaire and provide a copy to their coach prior to playing. A copy of the questionnaire is attached to this Policy.
  - Fill in all required fields and answer questions truthfully
  - Review and sign the liability waiver
  - Once completed and received by your coach, and provided that none of the prior bullet points apply, you will be allowed to participate in the practice or game.
  - Anyone demonstrating cold-like symptoms will not be allowed in the gymnasium and will be asked to leave immediately. Please do not bring your child to the gym if they are sick and/or experiencing COVID-like symptoms.
  - As part of the COVID pre-screening process, parents will need to take their child's temperature and enter the reading into the COVID pre-screen questionnaire. If a participant registers a temperature of at least 100.4 degrees, then the participant will not be allowed to enter the gymnasium and must leave the premises.
- Players are responsible to bring their own water bottles. There will be no sharing.
- No food is allowed in our facilities - this includes chewing gum.
- At the end of each game, there will be no handshakes, fist bumps or any other form of contact between the teams.
- All score keepers and clock operators must sit at least six feet apart and must wear mask at all times. Game clock will be disinfected before and after use with sanitizer provided by SHYBA.

### **Sanitation Expectations for Coaches, Players, Volunteers and Referees:**

- All participants will be required to use hand sanitizer when entering and exiting the facility and when coming off the court for substitution.
- SHYBA encourages all participants to carry their own bottle of hand sanitizer in their bag.
- SHYBA will provide sanitized game balls for warm-ups and practice. NO outside basketballs will be allowed in the gyms. Coaches or volunteers will be responsible for sanitizing the basketballs after each game or practice. SHYBA will provide the sanitizing wipes/solution,
- Coaches or volunteers will be responsible for sanitizing the benches where players sit after each game or practice. SHYBA will provide the sanitizing wipes/solution.

### **Spectator Attendance, Rules and Protocols:**

- According to the Commonwealth of Pennsylvania, the maximum number of people allowed in the facility at a time is 15% of the capacity. This includes participants, volunteers, coaches, spectators and referees. Each facility has varied sets of guidelines that have been outlined by coaches and commissioners.
- Parents are recommended to remain in their car in the parking lot during their child's allotted practice or game time in case of injury.
- Families should avoid carpooling when possible.

### **Coaches Guidance:**

- Ensure the health and safety of all players/participants.
- The maximum number of players allowed to attend any game or practice is 10.
- Coaches will be required to wear a mask during all practices and games.
- Before each game and/or practice, coaches are required to take the temperatures of their players and spectators with thermometers provided by SHYBA and to make sure that each player and spectator has completed the COVID-19 pre-screen questionnaires. Coaches will review the pre-screen questionnaire to ensure players meet the criteria to play.

- Before each game and/or practice, make sure that all basketballs have been properly sanitized, and each player has used hand sanitizer.
- Coaches must monitor players for any COVID-19 symptoms while on the sideline.
- Coaches should make sure their teams exit the facility immediately after each practice or game. No participants may stay for the next game or practice.
- Post-game meetings must occur outside of the facility with proper social distancing.

**Identification of COVID-19 Exposure:**

- Parents of participants need to immediately notify the SHYBA President if the participant or someone in the participant's home has been exposed to someone with COVID-19.
- Parents of participants need to immediately notify the SHYBA President if the participant or someone in the participant's home or has been exposed to someone that is presumptive positive or tests positive for COVID-19.
- In the event of any of the above, you must IMMEDIATELY contact SHYBA President [Mickey Kutzler mikutzler@shyba.org](mailto:Mickey.Kutzler@shyba.org) with the following information:
  - Head Coach's name
  - League
  - Date of presumptive positive or positive test result for COVID-19
  - Known participants who encountered your child
- SHYBA will notify families and participants who are known to have been at the facility at the same time as the exposed or infected individual. We will follow all CDC Guidelines and HIPAA regulations on confidentiality of all participants.
- Participants who have come into contact with a presumptive positive or positive COVID-19 individual will not be allowed at any games or practices for 14 days and/or until a doctor's note is provided clearing the participant to play.
- SHYBA will also notify the Montgomery County Health Department of communicated known COVID-19 infections.

**Adopted by the Board of Directors of Souderton Harleysville Youth Basketball Association on March 7, 2021.**

Souderton Harleysville



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## **PLAYER/PARENT WAIVER STATEMENT**

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**Players Full Name (Please Print)**

I, the undersigned parent/guardian of the above named child, do hereby grant permission for my child to participate in any and all basketball activities conducted by Souderton Harleysville Youth Basketball Association (“SHYBA”) and hereby relieve and release SHYBA, its officers, members, coaches, trainers and staff of and from all responsibility, liability, and damages for any injury incurred by or to my child as a result of his participation in any basketball activity sanctioned or conducted in any way by SHYBA. Additionally, I agree not to sue and forever hold harmless SHYBA for any and all known and unknown, foreseen and unforeseen, injury, illness or death as a result of the COVID-19 (coronavirus) pandemic, whether caused by negligence or otherwise, to the fullest extent permitted by law. I will maintain responsibility for insurance or be otherwise prepared to furnish whatever medical services that may be needed to treat my child in the event of injury.

I have read, understood and comply with the above:

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Signature of Parent or Legal Guardian

Date

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## **COVID-19 Pre-Screen Questionnaire**

The Athlete/Volunteer is NOT experiencing symptoms of COVID-19 such as:

- Congestion and/or Runny Nose
- Diarrhea
- Dry Cough
- Fatigue
- Fever and/or Chills
- Headache
- Loss of Taste and/or smell
- Muscle and/or Body Aches
- Nausea and/or vomiting
- Persistent Pain and/or Pressure in Chest
- Shortness of Breath and/or Difficulty Breathing
- Sore Throat

The Athlete/Volunteer is NOT residing in a household or had close contact (within 14 days) with a diagnosed COVID-19 positive person and/or being tested for suspected COVID-19 or a person displaying symptoms of COVID-19 (listed above).

The Athlete/Volunteer has a temperature below 100.4 within 30 minutes of the program start time.

The Athlete/Volunteer has sanitized and/or washed their hands within 30 minutes of the program start time.

**By signing this Document, I confirm the above items are true:**

**Athlete / Volunteer Name:** \_\_\_\_\_

**Parent Signature:** \_\_\_\_\_

**Parent Cell Phone Number:** \_\_\_\_\_

**Date:** \_\_\_\_\_



## What chemicals can clean our game balls without altering performance?

Our primary recommendation is to follow CDC, state and local guidelines for health and safety. The following widely accepted definitions are relevant to composite leather, PU leather, and leather game ball care ([CDC reference](#)):

Definitions	Reduces # viruses	Eliminates 99% viruses	Eliminates 100% viruses	Notes
Antibacterial	X			bacteria ≠ virus
Antiviral	✓	not always		
Antimicrobial	✓			virus is a microbe
Clean	✓			removes visible dirt/prepares surface
Disinfect	✓	✓		
Sanitize	✓	not always		
Sterilize	✓	✓	✓	appropriate for hospital settings

There are several different methods for sanitizing and disinfecting composite leather, PU leather, and leather game product. Each customer should utilize the method that fits their health and safety protocols and the playing environment and timing needs.

### Simple Game Ball Cleaning Method

To clean the ball, players may wish to use dish soap and water. While this practice may be likened to hand washing, note that all soap residue must be rinsed away and that drying time on each ball product may vary. An example cleaning regimen with soap and water includes:

1. Add 1 tablespoon of mild dish soap into a 1-gallon container.
2. Fill bucket with warm water, until a soapy mixture is formed.
3. Wet a first towel with the solution, wring out excess water, and gently wipe down entire product surface for at least 30 seconds.
4. Re-wet towel with plain warm water, wring out excess water, and wipe off excess soap from ball surface.
5. Rub a second, dry towel on the surface to wipe and dry off.
6. Let product air out overnight.

### Quick Turn Leather Game Ball Cleaning Method

To clean the ball with faster turnaround times, we reference the following recommendations. The CDC released a [list](#) (referred to as 'List N') of effective disinfectants for disabling SARS-CoV-2 (i.e., the virus that causes Covid-19 disease) on hard, nonporous surfaces.

Since our game balls are neither hard nor nonporous, we *cannot assume that 99% of virus particles will be eradicated*, but we believe the CDC's list is a good starting point for greatly reducing virus particles.

It is critical to follow manufacturer and CDC recommendations for the correct application and contact time for each cleaning product to maximize efficacy against SARS-CoV-2. Please note that some products require a wetting time up to 10 minutes to be effective.



Further, we do not recommend using high concentrations of bleach or alcohol to disinfect our products because it can degrade the performance of the product. We also do not recommend using hand sanitizer, which can degrade product performance and is not on the CDC's list N.

Another consideration in cleaning our game ball products is maintaining performance (e.g., grip, pebble, color) over multiple applications. We tested several List N cleaners (up to 5 applications in a 24-hour period) and found they had minimal or no effect on performance:

Cover Material	Game Balls	CDC List N Disinfectants	EPA registration #
Composite Leather	Evo NXT Basketball Solution Basketball Evolution Basketball FIBA 3x3 Basketball OPTX Volleyball K1 Silver Volleyball	Lysol Clean & Fresh Multipurpose cleaner Lonza Disinfectant Wipes Plus BTC 2125 M 10% Solution Clorox Disinfecting Wipes	777-89 6836-336 1839-86 5813-79
Leather	NFL Duke Football K1 Gold Volleyball	BTC 2125 M 10% Solution	1839-86
PU Leather	Forte II Soccer ball Vanquish Soccer ball	Clorox Disinfecting Wipes BTC 2125 M 10% Solution	5813-79 1839-86

While most of the products above can be easily found online for purchase by end consumers, we have identified two possible sources for BTC 2125 M 10% solution (EPA # 1839-86):

- For Individual Orders:
  - Key Supply Company – Warsaw Xtra, [link for online purchase](#), promo code **Wilson** for discount
- For Larger orders:
  - UNX Industries – Ally cleaning solution, contact [terry.hammond@unxinc.com](mailto:terry.hammond@unxinc.com)

Please note that the solvent based cleaners above may leave a residue on the ball or logos depending on method of application and amount used. The cleaning regimen with soap and water specified above may be used intermittently to prevent or reduce buildup of cleaner residue over time.

### Special Note on Leather Game Balls

For leather game balls, recommendations are limited. Many CDC list N disinfectants we trialed dried out the leather and decreased performance. We are working on alternative solutions for leather goods, but a potential interim solution may be to disinfect the ball and then apply leather conditioner as a secondary step.

### Next Steps

As coronavirus is an ever-changing situation, we are working to deepen our understanding of various disinfectants and procedures for disinfecting our products without affecting performance. We will share relevant updates with our customers as they become available.



# Symptoms of Coronavirus (COVID-19)

Know the symptoms of COVID-19, which can include the following:



Symptoms can range from mild to severe illness, and appear 2–14 days after you are exposed to the virus that causes COVID-19.

## Seek medical care immediately if someone has Emergency Warning Signs of COVID-19

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.



Centers for Disease  
Control and Prevention  
National Center for Emerging and  
Zoonotic Infectious Diseases

[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

# Stop the Spread of Germs

**Help prevent the spread of respiratory diseases like COVID-19.**



**Stay at least 6 feet (about 2 arms' length) from other people.**



**Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.**



**When in public, wear a mask over your nose and mouth.**



**Do not touch your eyes, nose, and mouth.**



**Clean and disinfect frequently touched objects and surfaces.**



**Stay home when you are sick, except to get medical care.**



**Wash your hands often with soap and water for at least 20 seconds.**



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)