

This is an Optional Quiz. You only need to complete it if you want to. Please return your completed Quiz to one of the coaches at your next session.

Name: _____ School: _____

- 1) True or False: A player who is playing "Defense" is trying to stop the other team from scoring: _____
- 2) True or False: When I am dribbling, it is important to keep my eyes looking down at the ground: _____
- 3) True or False: When I do a proper defensive slide, my feet should not cross each other: _____
- 4) Circle the correct answer: If I step on the Sideline or the Baseline, but I am still dribbling the basketball, I am: Inbounds Out of bounds Chinning the basketball
- 5) Circle the correct answer: When you make a good bounce pass, how many bounces should the ball take?: 1 2 3
- 6) Circle the correct answer: In a regular basketball game, how many players are on the court from both teams together?: 3 5 10 12
- 7) Two important things to remember when I am dribbling the basketball are:
_____ and _____
- 8) Circle the correct answer: When I stop dribbling the basketball:
a) I can start dribbling it again, as long as I use my other hand.
b) I should protect the basketball and pivot by keeping one foot still
c) I can walk around with the ball as long as I protect it
- 9) My two favorite things about the Stars Program so far are:
_____ and _____

Thank you! Coach Kelly, Coach Mickey and Coach Pete