

This is an Optional Quiz. You only need to complete it if you want to.

Please return your completed Quiz to one of the coaches at your next session.

Name: \_\_\_\_\_ School: \_\_\_\_\_

1) True or False: A player who is playing "Defense" is trying to stop the other team from scoring: \_\_\_\_\_

2) True or False: When I am dribbling, it is important to keep my eyes looking down at the ground: \_\_\_\_\_

3) Circle the correct answer: When you throw a good bounce pass, how many bounces should the ball take?:    1    2    3

4) Two important things to remember when I am dribbling the basketball are:  
\_\_\_\_\_ and \_\_\_\_\_

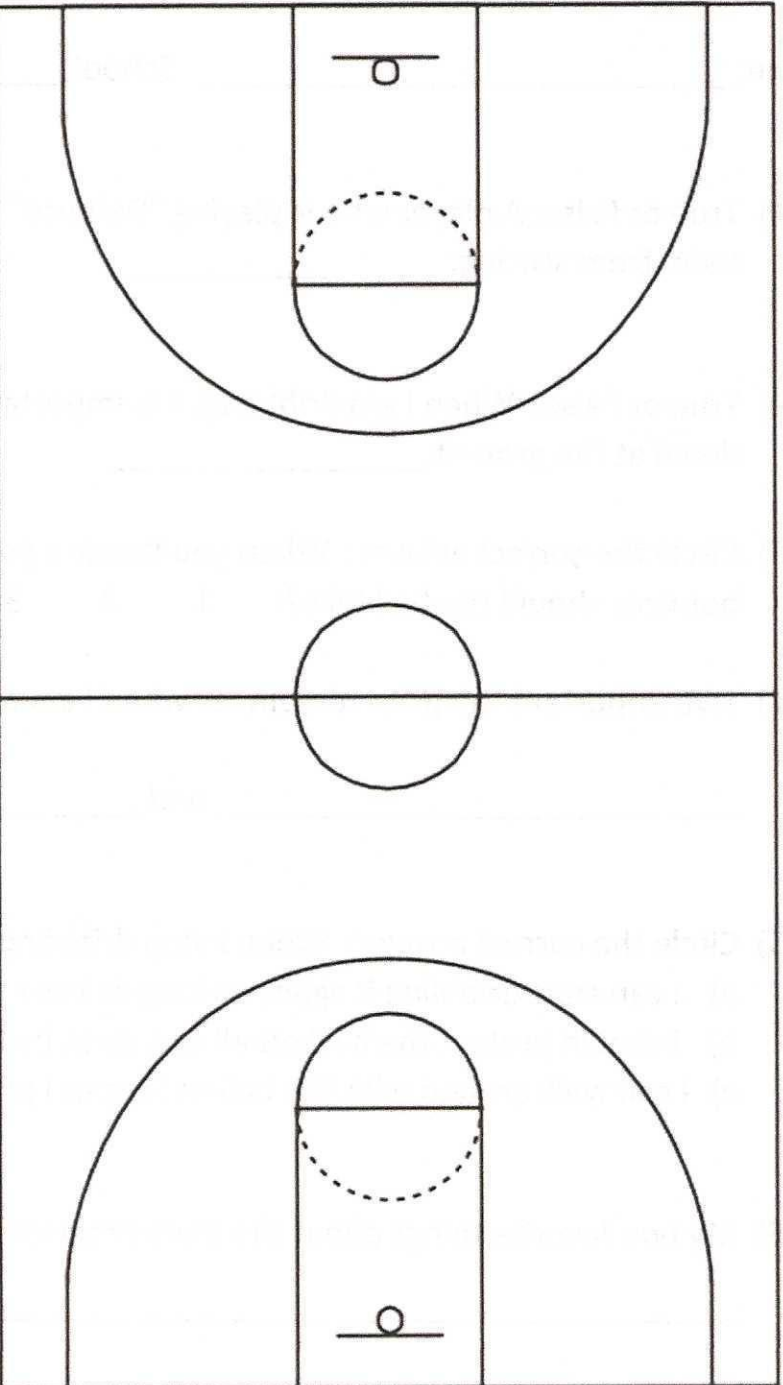
5) Circle the correct answer: When I stop dribbling the basketball:

- a) I can start dribbling it again, as long as I use my other hand.
- b) I should protect the basketball and pivot by keeping one foot still
- c) I can walk around with the ball as long as I protect it

6) My two favorite things about the Stars Program so far are:

\_\_\_\_\_ and \_\_\_\_\_  
\_\_\_\_\_

Thank you! Coach Kelly, Coach Mickey and Coach Pete



In the Diagram above:

- 1) Write in "S" at the two Sidelines
- 2) Write in "B" at the two Baselines
- 3) Write in "F" at the two Foul Lines
- 4) Write in "H" at the Halfcourt Line
- 5) Write in "3" at the two 3-point Lines
- 6) Draw or color in a couple of Basketball players anywhere on the court